

## Mondays Mexican Mondays

Look out for our Mexican specials  
Available from 5pm

## Wednesdays Gourmet Burger Night

All burgers £10, for one night only  
Look out for our locally sourced specials  
Available from 5pm

## Frydays Fish & Chip Frydays

Choose from 3 fish of the day or maybe  
treat yourself to our deluxe fish and chips  
Available from 5pm

## Saturdays Seafood Saturdays

2 seafood specials, from the pier  
to the pan as fast as we can!  
Available from 5pm

# Gluten Free Menu

## To Start

### HOMEMADE NACHOS (V) £6.99

Fresh corn tortillas, crispy fried and served with guacamole, tomato salsa, nacho cheese and jalapeño dressing  
*Soya, milk & sulphites*

### DUO OF FALAFEL (VG) £6.99

Sweet potato and beetroot falafel with sriracha mayonnaise  
*Soya, sesame & mustard*

### SEAFOOD CHOWDER £7.50

Homemade chowder with chunks of prime fish, shellfish and potato. Served with gluten free oatcakes  
*Mollusc, gluten, fish, milk, celery & sesame*

### LOCAL SMOKED SALMON £8.50

Served with mustard and dill dressing  
*Egg, fish, mustard & sesame*

### WEST COAST MUSSELS £7.99/£12.99

Locally sourced mussels in a creamy garlic, wine and herb broth.  
Served with gluten free oatcakes  
*Molluscs, Milk, Egg, Celery & Sulphites*

### CRAB AND CRAYFISH TIMBALE £8.99

Delicate white crab meat and crayfish tails with our own recipe cocktail sauce  
*Crustacean, Egg, Milk, Sesame & Mustard*

## The Rest

### CHARGRILLED CHICKEN £12.50

Butterfly chicken breast topped with a mild curry and mango cream, Served with a jeera rice.  
*Milk, Nuts, Peanuts & Mustard*

### SCOTTISH STEAK AND ALE PIE £11.99

Tender Scotch beef cooked in rich ale gravy served with chips and today's vegetables.  
*Milk & soya*

### BUTTERNUT GOBI DHANSAK (VG) £9.99

Cauliflower and butternut squash curry served with jeera rice  
*Mustard, Nuts & Sesame*

## Sides

House chips <i>soya</i>	£2.50
Today's green veg <i>milksz</i>	£2.99
Sweet potato gratin <i>milk</i>	£2.50
Chargrilled chicken sauce <i>milk &amp; nuts</i>	£1.99
Gluten free Onion rings <i>soya</i>	£1.99
Coleslaw <i>egg</i>	£1.25
Sweet potato fries <i>soya</i>	£3.50
Peppercorn sauce <i>milk</i>	£1.99

## From The Sea

### FISH AND CHIPS £12.50

Fresh flaky haddock, golden fried in coeliac batter, served with House fries, a wild leaf garnish and homemade tartare sauce.  
*(Please note our frying oil may contain traces of flour product) Egg, fish, soya, milk & mustard*

### LOCAL SALMON FILLET £15.99

Lightly grilled and served with medley of green vegetables, sweet potato gratin and a garlic and tarragon white wine sauce  
*Fish, milk & celery*

### SEAFOOD PLATTER £15.99

Hot smoked Scottish salmon, smoked mackerel, crayfish cocktail, rollmop herring and crab timbale. Served with dips and gluten free oatcakes  
*Fish, Crustaceans, Molluscs, Egg, Milk, Mustard & Sesame*

## Gourmet Burgers & Steaks

### VEGAN CHILLI BURGER (VG) £11.99

The meatless farm company meat free burger served on a gluten free bun with vegan chilli and vegan cheese. Served with sweet potato fries and salad  
*Mustard & soya*

### HANDMADE RUSTIC BACON CHEESE BURGER £12.50

Grilled Simon Howie Gluten Free Burger served with Ayrshire Bacon and Mull of Kintyre Cheddar on a Gluten Free Bun with Hand Cut Maris Piper Chips, a Wild Leaf Garnish, Tomatoes and Red Onions and homemade coleslaw  
*Egg, Soya, Milk & Mustard*

### 8OZ 28 DAY AGED ABERDEEN ANGUS SIRLOIN STEAK £20.99

Grilled to your liking and served with peppercorn sauce, chips and green vegetables  
*Soya & milk*

### RUMP STEAK SURF AND TURF £18.99

8oz rump steak cooked to your liking and topped with garlic king prawns.  
Served with chips, coleslaw and gluten free onion rings  
*Crustacean, eggs & soya*

## Puddings

### STICKY TOFFEE PUDDING £5.99

Gluten Free Sticky Toffee Pudding served with Fresh Cream and a Rich Toffee Sauce *Milk*

### SELECTION OF DAIRY ICE CREAM

Choose from vanilla, chocolate and strawberry. We also have Dairy free Vanilla and Raspberry ice creams available *Milk & soya*

### ONE SCOOP: £1.70

### TWO SCOOPS: £2.85

### THREE SCOOPS: £3.99

## Cocktails

<b>COSMOPOLITAN</b> Smirnoff Vodka, Triple sec, lime and cranberry juice garnished with orange peel <i>Sulphites</i>	<b>£6.95</b>
<b>WHITE RUSSIAN</b> Smirnoff Vodka, Kahula and milk <i>Milk</i>	<b>£7.50</b>
<b>FRENCH MARTINI</b> Smirnoff Vodka, Chambord, pineapple juice and fresh raspberries	<b>£7.00</b>
<b>THE GINBERRY</b> Gordons Gin, sugar syrup, apple juice, raspberries, cranberry juice and lemonade <i>Sulphites</i>	<b>£6.95</b>
<b>ESPRESSO MARTINI</b> Smirnoff Vodka, Kahula, sugar syrup, large espresso shot, garnished with coffee bean and chocolate powder <i>Milk</i>	<b>£7.50</b>
<b>WHISKY SOUR</b> Local Whisky, Sugar syrup, Lemon juice and egg white <i>Egg</i>	<b>£6.95</b>
<b>LONG ISLAND ICED TEA</b> Smirnoff Vodka, Gordons Gin, tequila, white rum, Triple Sec, lime and Pepsi	<b>£7.50</b>
<b>FROSTBITE MARTINI</b> Smirnoff Vodka, blue curacao, sugar syrup, coconut cream and pineapple juice	<b>£6.95</b>
<b>OLD FASHIONED GIN</b> Gordons, Campari, sugar syrup angostura bitters and soda water	<b>£6.95</b>

## Low/ Alcohol Free

<b>SPICED CITRUS</b> Served with tonic and garnished with orange	<b>£4.95</b>
<b>SPICED CITRUS SOUR</b> Spiced citrus, lemon juice, sugar syrup, egg white and rhubarb bitters	<b>£6.95</b>
<b>WILD BLOSSOM OLD FASHIONED</b> Wild Blossom Atopia, sugar syrup, orange bitters and topped with soda	<b>£6.95</b>
<b>THE REFRESHER</b> Stryk, lime juice, sugar syrup topped cranberry and apple juice	<b>£6.95</b>

## Spirits

	ABV (%)	25ml	50ml
Smirnoff Vodka	40%	£2.20	£4.40
Bacardi	37.5%	£3.00	£6.00
Gordon's Gin	37.5%	£2.30	£4.60
Whyte & Mackay	40%	£2.40	£2.80
Black Bottle	40%	£2.80	£5.60
Famous Grouse	40%	£2.80	£5.60
Jack Daniels	40%	£2.80	£5.60
Martell Brandy	40%	£3.00	£6.00
Morgan's Spiced	35%	£2.40	£4.80
OVD	40%	£2.50	£5.00
Sourz – Apple	15%	£2.95	
Sourz – Cherry	15%	£2.95	
Sourz – Raspberry	15%	£2.95	
Southern Comfort	35%	£3.00	
Tequila Gold	38%	£2.95	
Tequila Rose	15%	£2.95	
Aftershock Black	30%	£2.95	
Aftershock Red	30%	£2.95	
Sambucca	38%	£2.95	
Jaegermeister	35%	£2.95	

# BEN NEVIS

Established 1806

## White Wine

BOTTLE | 125ML | 175ML | 250ML

**SAUVIGNON BLANC, AVENDA (CH)**  
£16.95 | £3.95 | £4.45 | £5.95

**TAI/PINOT GRIGIO, VILLA ROSELLA (IT)**  
£18.95 | £4.55 | £4.95 | £6.55

**CHARDONNAY, SENORA ROSA (CH)**  
£18.95 | £4.55 | £4.95 | £6.55

**BOUNDARY HUT, SAUVIGNON BLANC (NZ)**  
£20.95 | £4.55 | £5.50 | £7.35

**PICPOUL TERRASSES DE LA MER (FR)**  
£24.95

**CHENIN BLANC, FRANSCHHOEK CELLAR (SA)**  
£20.95

**SANCERRE, DOMAINE BONNARD (FR)**  
£37.00

## Rosé Wine

BOTTLE | 125ML | 175ML | 250ML

**ZINFANDEL ROSE VILLA ROSELLA**  
£16.95 | £3.95 | £4.45 | £5.95

## Sparkling/Champagne

**SMALL PRESTIGE PROSECCO (IT)**  
£6.95

**PRESTIGE PROSECCO (IT)**  
£24.95

**LAURENT PERRIER CHAMPAGNE (FR)**  
£54.95

## Red Wine

BOTTLE | 125ML | 175ML | 250ML

**MERLOT, BOTTER (IT)**  
£16.95 | £3.95 | £4.45 | £5.95

**SHIRAZ/VIIGNIER, THE PITMASTER (AUS)**  
£18.95 | £4.45 | £4.95 | £6.55

**RIOJA, DOM RAMOS (SP)**  
£22.95 | £5.95 | £5.50 | £7.35

**CORVINA, THE BABY AMARONE**  
£19.95

**MALBEC (FR)**  
£25.95

**PASSO ANTICO, ISOLA DEI NURAGHI (IT)**  
£24.95

**AMARONE DELLA VALPOLICELLA (IT)**  
£56.95

## Beer & Cider

### DRAUGHT BEERS

	ABV(%)	½ pint	Pint
Carling	4%	£1.80	£3.50
North 56 Lager	4%	£1.80	£3.50
Innes & Gunn Lager	4.6%	£2.30	£4.55
Innes & Gunn IPA	4.2%	£2.30	£4.55
Hop House 13	5%	£2.30	£4.55
Staropramen	5%	£2.30	£4.55
Belhaven Best	3.2%	£1.75	£3.50
Belhaven Black	4.2%	£2.05	£4.05

### HANGING TREE BREWERY CASK ALES

	ABV(%)	½ Pint	Pint
IPA	5%	£2.10	£4.15
First Light	4%	£2.10	£4.15
80 Shilling	4.1%	£2.10	£4.15

### DRAUGHT CIDER

	ABV(%)	½ Pint	Pint
Aspalls	4.6%	£1.90	£3.80
Kopperberg Black	4%	£2.35	£4.55

### BOTTLED BEER

	ABV(%)	Price
Budweiser	4.5%	£3.70
Becks	4.8%	£3.40
Becks – Alcohol Free	0.05%	£2.95
Corona	4.5%	£3.85
Peroni	5.1%	£3.85
Brewdog punk IPA	5.6%	£4.10
Brewdog Nanny State	0.5%	£4.50
Brewdog Vagabond GF	4.5%	£4.95
Miller	4.6%	£3.60

### BOTTLED CIDER

Kopparberg Strawberry & lime	5.0%	£4.95
Kopparberg Mixed fruit	5.0%	£4.95

## Aperitifs/Fortified Wine/Liqueurs

	ABV(%)	25ml	50ml
Peach Schnapps	18%	£3.00	£6.00
Bailey's	17%	£3.30	£6.60
Amarreto Disserano	28%	£3.20	£6.40
Drambuie	40%	£3.20	£6.40
Glavya	35%	£3.20	£6.40
Malibu	21%	£3.00	£6.00
Martini Dry	14%	£3.00	£6.00
Tia Maria	20%	£3.30	£6.60
Pimms	25%	£3.00	£6.00
Cointreau	40%	£3.20	£6.40

## Soft Drinks

Appletiser	£2.95
Coke Can	£1.95
Diet Coke	£1.95
San Pellagrino Blood Orange	£2.00
San Pellagrino Pomegranate & Orange	£2.00
Irn Bru Can	£1.95
Diet Irn Bru Can	£1.95
7UP	£1.95
Ginger Beer Can	£1.95
Fanta Lemon	£2.00
J20 Apple & Raspberry	£2.95
J20 Orange & Passionfruit	£2.95
Red Bull	£2.50
Small Sparkling Water	£1.95
Small Still Water	£1.95
Sparkling Water 1 Litre	£4.95
Still Water 1 Litre	£4.95

### DRAUGHT SOFT DRINKS

	Glass	Pint
Pepsi Max	£1.95	£2.95
Diet Pepsi	£1.95	£2.95
Lemonade	£1.95	£2.95
Tango Orange	£1.95	£2.95